



Galloway Township Public School

POMONA PRESCHOOL

February 2024

BREAKFAST PROVIDED AT NO CHARGE TO ALL STUDENTS!

Monday
WG Cereal Bowl (22-26g)

Tuesday
WG Cereal Bowl (22-26g)

Wednesday
WG Cereal Bowl (22-26g)

Thursday
WG Cereal Bowl (22-26g)

Friday
WG Cereal Bowl (22-26g)

Served with White Skim Milk (13g); Choice of Assorted Fruit Juice (14g)

On the Menu for Lunch: (Cost: Paid - \$3.50; Reduced - No Charge)

NEW! Find the Nutritional Facts for all our items at www.gtps.k12.nj.us/foodservice/nutrition.htm

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Alternative Menu Choices <i>(when availability allows):</i> PB&J w/ Cheese Stick (32g) Yogurt w/ Graham Crackers (34g)			1 Chicken Tenders w/ WG Roll (35g) Turkey & Cheese SW (25g) Baked Beans (33g) Assorted Fruit	2 Cheese Pizza (27g) Turkey & Cheese SW (25g) Broccoli (8g) Assorted Fruit
5 French Toast w/ Cheese stick (22g) Turkey & Cheese SW (25g) Carrots(7g) Assorted Fruit	6 Meatball Sub (31g) Turkey & Cheese SW (25g) Smiley fries (20g) Assorted Fruit	7 Mini Corn Dogs(23g) Turkey & Cheese SW (25g) Corn (21g) Assorted Fruit	8 Chicken Patty On a WG Bun (41g) Turkey & Cheese SW (25g) Baked Beans (33g) Assorted Fruit	9 Cheese Dunkers (16g) Turkey & Cheese SW (25g) Broccoli (8g) Assorted Fruit
12 Mini Waffles w/ Cheese Stick (18g) Turkey & Cheese SW (25g) Carrots (7g) Assorted Fruit	13 Mac & Cheese (23g) Turkey & Cheese SW (25g) Broccoli (8g) Assorted Fruit	14 Hot Dog on W/G Bun (23g) Turkey & Cheese SW (25g) Smile Fries (20g) Assorted Fruit	15 Chicken Nuggets w/ Dinner Roll (35g) Turkey & Cheese SW (25g) Baked Beans (33g) Assorted Fruit	16 Cheese Pizza (27g) Turkey & Cheese SW (25g) Broccoli (8g) Assorted Fruit
19 <u>NO SCHOOL</u> <u>PRESIDENTS DAY</u>	20 Chicken Patty On a WG Bun (41g) Turkey & Cheese SW (25g) Corn (22g) Assorted Fruit	21 Breaded Mozzarella Sticks w/ Marinara Sauce (21g) Turkey & Cheese SW (25g) Broccoli (8g) Assorted Fruit	<u>HALF DAY</u> 22 Cheeseburgers WG Bun (36g) Turkey & Cheese SW (25g) Baked Beans (33g) Assorted Fruit	<u>HALF DAY</u> 23 Cheese Crunchers (41g) Turkey & Cheese SW (25g) Broccoli (8g) Assorted Fruit
26 Mini Pancakes w/ Cheese stick (42g) Turkey & Cheese SW (25g) Carrots(7g) Assorted Fruit	27 Chicken Nuggets w/ WG Roll (35g) Turkey & Cheese SW (25g) Smile Fries (20g) Assorted Fruit	28 Garlic Breadsticks w/ Marinara Sauce (29g) Turkey & Cheese SW (25g) Broccoli (8g) Assorted Fruit	29 Chicken Tenders w/ WG Roll (35g) Turkey & Cheese SW (25g) Baked Beans (33g) Assorted Fruit	(CARB COUNT) *CONTAINS PORK Daily Milk Choices 1% White Milk (13g) Skim White Milk (13g) Fat Free Chocolate (22g)

Available Daily: Fresh Fruit Basket, Veggie Dippers, & assorted skim milk. Students must have a fruit or vegetable on their lunch tray!

Account balance info is available by calling the cafeteria of your child's school, or via School Café: [CLICK HERE for School Cafe](#)

Questions? Contact Lauren Murray, Food Service Director: 609-748-1250, ext. 5046 or 5047

We Are Hiring Substitutes! Apply at the BOE office. This institution is an equal opportunity provider and employer.